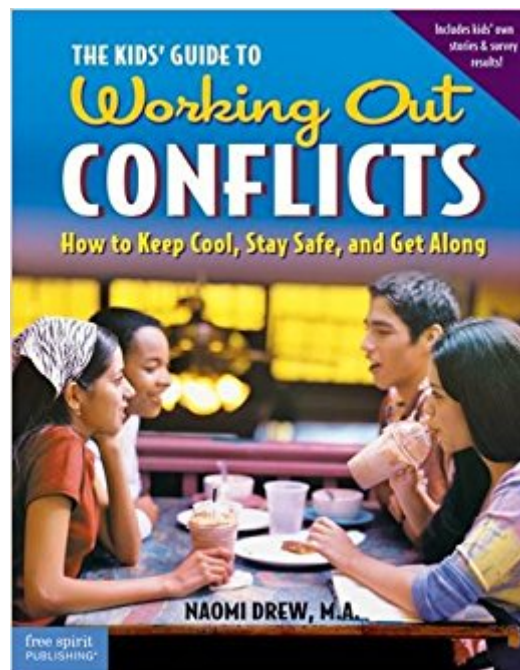




The book was found

# The Kids' Guide To Working Out Conflicts: How To Keep Cool, Stay Safe, And Get Along



## Synopsis

From taunts and teasing to physical assault, many kids face difficult, even dangerous situations at school, at home, and in the community. How can they avoid conflict and defuse tough situations? Written by a well-known expert on conflict resolution and peacemaking, incorporating the results of a nationwide survey of kids ages 10â€”15, this book offers practical, realistic answers. Author Naomi Drew describes common forms of conflict, the reasons behind conflicts, and positive ways to deal with difficult circumstances. Through self-tests and exercises, young people discover whether they are conflict-solvers or conflict-makers. They learn how to stand up for themselves without getting physical, and how to deal with people who donâ€™t want to resolve conflicts in a peaceful way. Includes tips for countering bullying, calming down, lessening stress and tension, letting go of anger and resentment, and eliminating put-downs and other hurtful language.

## Book Information

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Best Sellers Rank: #129,144 in Books (See Top 100 in Books) #9 in Books > Teens > Social Issues > Peer Pressure #58 in Books > Teens > Social Issues > Self-Esteem & Self-Reliance #59 in Books > Teens > Personal Health > Self-Esteem

## Customer Reviews

Grade 6-10â€”Drew presents effective tools for improving conflict-resolution skills. Survey responses from more than 1000 middle school students provide the basis for her analyses of conflict issues. Scenarios are presented with tips on how to keep calm and become a problem solver. The author encourages readers to identify personal-conflict triggers and practice anger-management techniques that will result in the reduction of stress and a growth in confidence. Common problems, such as misunderstandings and teasing, are addressed, as are the more serious issues of bullying and sexual harassment. Tools such as visualization, relaxation, exercise, and repeating empowering statements build a framework for improving self-control. Boxed facts from cited works

and quotes from the survey support the text. An annotated list of print and Web resources, a reproducible "Conflict Solver's Action Plan," and a comprehensive index are helpful features. Cartoon sketches appear throughout. This book would be useful for libraries and for peer-mediation programs. It will help youngsters to develop more mature coping skills and refines the concepts introduced in Gershen Kaufman's *Stick Up for Yourself! Every Kid's Guide to Personal Power and Positive Self-Esteem* (1999) and Trevor Romain's *Bullies Are a Pain in the Brain* (1997, both Free Spirit).  
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"An outstanding contribution. It is not a stretch to believe that if this book were translated into the world's many languages and disseminated all over the globe, today's youngsters would be tomorrow's peacemakers. It is highly recommended." "Voice of Youth Advocates" "Will help youngsters to develop more mature coping skills." "School Library Journal" "Naomi Drew has written a wonderful book for kids on how to deal effectively with anger, conflict, stress, and bullying in order to lead a more satisfying, peaceful, resilient life. Her ideas are presented in an easy-to-read style and her suggestions are very practical and achievable. Not only will kids find this book an invaluable resource, but so too will their parents and other caregivers." "Dr. Robert Brooks, faculty Harvard Medical School, and author of *The Self-Esteem Teacher* and coauthor of *Raising Resilient Children* "Kids will love this approachable book, and guidance counselors will find it the perfect tool to introduce conflict resolution activities." "Library Media Connection" "Gives kids the skills they need to take much of the sting out of those tender years." "Teaching Kids" "National Parenting Publication Award (NAPPA) Children's Resources Winner Honor Award, *Skipping Stones* Multicultural Magazine, Winner Parenting Media Awards, Winner

Good, easy read for 11-13 year olds.

This would make a great book for any elementary or high school program in dealing with conflict resolution. This book should be a required class in schools. It would help end a great deal of violence.

I received a lot of practical help from this book such as, things to say and do. I really like the way the book was set up with an easy format for finding the problem and it's solution. Lots of good hints, often taken from real children. It's a great reference book for the growing up years.

Thank you

We have been using this with the Leaders Guide in our afterschool program for Middle Schoolers grades 5 - 8 and it is wonderful. The topics are framed in a way that kids can relate to. I recommend it!

Ms. Drew's book is NOT just for kids. In the book, she explains how people can resolve conflict by using some simple and elegant techniques. In addition, the book is written for people ages 11 to 114. The book borrows mostly from the practice of Mediation. Mediation is a form of conflict resolution which uses a Neutral Mediator who helps parties come to a mutually acceptable agreement to end their dispute. The literature of Mediation is filled with academic treatises using legal and Sociological words which make them often difficult for a regular person to read and integrate. Ms. Drew specifically did NOT write that type of book. Her book teaches concepts and methods by which people can help solve problems that are meaningful to them and others. In doing so, Ms. Drew uses some special writing ability and her vast experience as a recognized expert in Peer Mediation and School Conflict Resolution. She writes her book in a vernacular using regular words to describe what she is telling the reader. She uses ethnic names of all nationalities to convey that all people can do this type of work, and all people are worthy of respect. She most effectively uses real life examples and information that she gathered from her work and from her survey of Middle School children all over the country. And she reaffirms the belief that everyone is hurt by conflict and everyone can help to fix that problem in society. It is rare that readers come across a book that gives this much affirmation and assistance in regular life, and is suited for virtually all people in such a vast age range. The book is recommended for almost everyone who has an interest in helping reduce the amount of conflict in the world today. Not just big conflicts like wars, but also regular conflicts that we face everyday as people. This book is truly a fine example of how people can take their own power and help not only themselves, but those all around them. All who have the wish to reduce pain and hurtfulness in society should read this book.

The Kids' Guide To Working Out Conflicts: How To Keep Cool, Stay Safe, And Get Along is a self-help guide for kids and teens to learning basic social skills. From keeping one's cool when teased, to staying safe in threatening situations, dealing with sexual harassment, learning how to disagree and get along, self-tests, conflict logs, and much more. Assorted useful forms for tracking

and monitoring one's progress add a useful interactive aspect, and humorous caricatures, stories and survey results from kids themselves, and a friendly, no-nonsense tone enhance the highly palatable and simple to assimilate lessons. Overall, The Kids' Guide To Working Out Conflicts is a practical resource to learning how to deal with real life situations effectively, and highly recommended to readers of all ages.

Engaging, informative book. Highly recommended for grades 3-8.

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The Kids' Guide to Working Out Conflicts: How to Keep Cool, Stay Safe, and Get Along Small Time Operator: How to Start Your Own Business, Keep Your Books, Pay Your Taxes, and Stay Out of Trouble (Small Time Operator: How to Start Your ... Keep Yourbooks, Pay Your Taxes, & Stay Ou) Totally Cool Creations: Three Books in One; Cool Cars and Trucks, Cool Robots, Cool City Science Experiments For Kids: 40 + Cool Kids Science Experiments (A Fun & Safe Kids Science Experiment Book) Too Good to Leave, Too Bad to Stay: A Step-by-Step Guide to Help You Decide Whether to Stay In or Get Out of Your Relationship Runner's World Guide to Running and Pregnancy: How to Stay Fit, Keep Safe, and Have a Healthy Baby INTERNET PREDATORS - How To Keep Our Children Safe Online (internet predators,,Safe Children,predators, Predators,Online Predators) Too Good to Leave, Too Bad to Stay: Decide Whether to Stay In or Get Out of Your Relationship Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids Ages 4-6 6-8, 9-12) Toddler Discipline: Learn the Most Effective Way to Handle Tantrums, Keep Your Child Happy, and Stay in Control â “ Without Losing Your Cool Learning to Labor: How Working Class Kids Get Working Class Jobs How to Get Out of Debt, Stay Out of Debt, and Live Prosperously\*: Based on the Proven Principles and Techniques of Debtors Anonymous Travel Hack Your Way Through Quebec City, Canada: Fly Free, Get Best Room Prices, Save on Auto Rentals & Get The Most Out of Your Stay Travel Hack Your Way Through Szczecin, Poland: Fly Free, Get Best Room Prices, Save on Auto Rentals & Get The Most Out of Your Stay Travel Hack Your Way Through Bordeaux, France: Fly Free, Get Best Room Prices, Save on Auto Rentals & Get The Most Out of Your Stay Travel Hack Your Way Through Frankfurt, Germany: Fly Free, Get Best Room Prices, Save on Auto Rentals & Get The Most Out of Your Stay Travel Hack Your Way Through Seville, Spain: Fly Free, Get Best Room Prices, Save on Auto Rentals & Get The Most Out of Your Stay Travel Hack Your Way Through Madagascar: Fly Free, Get Best Room Prices, Save on Auto Rentals & Get The Most Out of Your Stay Travel Hack Your Way Through Andorra: Fly Free, Get

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